SPIRITUAL SOUL OF PEOPLE PRACTICE SHALAWAT WAHIDIYAH

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Abstract: Shalawat Wahidiyah is practice guidance outward and inner in the series of Do’ a Shalawat to prophet Muhammad peace be upon him as written of sheet Shalawat Wahidiyah, include the way and learning experience. There are five teachings of Wahidiyah that must be implemented in daily life, Now the meaning of the lesson Wahidiyah is Practice guidance inner and outward in implementation the massager of Rasulullah includes sharia and essence, increasing faith, Islamic implementation, and present Ihsan, creating moral or Akhlak. An activity of people practices Shalawat Wahidiyah is Mujahadah Yaumiyah (daily), Mujahadah Usbu’iyyah (weekly), Mujahadah Syahriyah (monthly), and Mujahadah Kubra (big). Mujahadah in Wahidiyah is a fight of lust seriously directed to self-awareness Fafirru Ila Allah wa Rasullih. The implementation of Mujahadah Shalawat Wahidiyah, there is a reader of Nida’ from four corners with stand up, its mean mentality invites to all people Jam’al ‘Alamin themselves, and family in other that aware and subjugate to Allah SWT. Dana Box is a Wahidiyah lesson from Muallif, to apply by people practice by Wahidiyah routine with ability, awareness and each sincerity. Broadcasting Shalawat Wahidiyah can be lived in a large society without seeing fur, the basic of broadcasting “without seeing fur” is following Rasulullah Saw track.

Keywords: Shalawat, Teaching of Wahidiyah, Mujahadah and broadcasting

Introduction

Happiness in the world and hereafter is always coveted by a human, although happiness can felt by all people. A lot of ways done to search and find happiness, but something cannot find because happiness searching for outside or outward is not happiness inside of self. Happiness cannot separate from heart problems; Allah Swt put faith and believes in the human soul through heart. The human has given Taufiq, Hidayah, knowledge, and wisdom. With heart, the human can be differences between good, not good and bad, also feel happy and happy. One of the ways to achieve happiness is remembering Allah (Dzikrullah), cause remembering Allah, our heart will calm, the thought becomes wide and happiness. One of the ways remembering Allah is Shalawat to our prophet Muhammad peace be upon him. 114

The example of reading Shalawat is “Shallallahu Alaa Muhammad” means “may Allah bestow to

114 Wildana Margadinata, Spiritualitas Salawat, (Malang:UIN-Maliki Press, 2010), 5455
Muhammad peace be upon him.\textsuperscript{115} Shalawat is a Shalawat Allah to Rasulullah like Rahmat and glory. Shalawat from angel to prophet, Shalawat of faith people (human and evil) is a request of Rahmat and glory to Allah and prophet.\textsuperscript{116} When read or call the name of the prophet like Qala al Nabi or Qala Rasulullah, intend with Shalawat and salam to the prophet and his family, also for listening do not feel bored to repeat, oral or written, because in Sholawat contain big Fadhilah.

Reading or writing Shalawat do not resume like shal’am or Saw, perfectly, reading Shalawat when calling prophet name is advice strengthened, and they are not opinion as people stingiest (Bakhil) like the prophet said “the people stingiest is a listen to my name but they can not Shalawat to me. “Al-Khatib al-Baghdadi, like quoted by Ibn al-Shalah said: when to say Shalawat is advised sound volume clearly.\textsuperscript{117} Many advantages produced utterance Shalawat and salam to the prophet, includes Mahabbah (love) to him, deep love, additional and continuous implant and fulfill Muslim hearth.\textsuperscript{118} The function of Shalawat is as light to illuminate the soul and erase darkness in the heart forward secrete of Allah, beside Shalawat present Nur of the prophet also merges in our heart, so self-majesty and Muhammad peace be upon behavior him as reference and benchmark for human life.\textsuperscript{119}

A. Teaching of Wahidiyah

The teaching of Wahidiyah is the practical guidance inner and outward to doing Rasulullah peace be upon him guidance, includes Syariat and Haqiqat, increasing faith, implementation of Islam and embodiment Ihsan and moral formation. The increasing of faith to awareness or Ma’rifat to Allah and prophet of Muhammad peace be upon him. Implementation of Islam is a realization of Allah piety, Embodiment of Ihsan as a manifest of faith and Islam Kamil (perfect). The moral formation is to legalize Akhlakul Karimah (good moral). The practical guidance inner and outward is an advantage of outward potential which supported by utilization of inner potential spiritual balance. The practical guidance includes all activities of life on the relationship between humans and Allah (Hablum Minallah) and the relationship between social life as a social human being (Hablum Minannas). The relationship is human, family, nation, and religion. Generally, the fellow of all human and human relationships on organisms fallow the

\textsuperscript{115}Muhyyiddin Abdussomad, Penuntun Qolbu; Kiat Meraih Kecerdasan Spiritual, (Surabaya:Khalista,2005), 159
\textsuperscript{116}Margadinata, Spiritualitas, 159
\textsuperscript{117}Zaki Mahdi Syech Abu Bakar, Anda berdakwah Rasul Bersabda,(Jakarta: Abla Plubisher, 2004), 152
\textsuperscript{118}Margadinata, Spiritualitas, 56-57
\textsuperscript{119}Abdussomad, Penuntun, 160

a. Lillah

The definitions of Lillah are the implementation of deed, action and intend worship to Allah sincerely without ulterior motive, world ulterior motive or Ukhrawi. Enclose intention (in their heart) so our deed will write as a religious deed, suitable with Allah volition of destined on surah Adz-Dzariyat:56

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\text{وَمَا خَلَفَ أَجْنَابَٰتُ وَالْإِنسَ إِلَّا لِيُعْبَدُونَ}
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56. And I did not create the jinn and mankind except to worship Me. means need confirmation that deed must base on the intention to worship Lillah limited just activity prohibits (not violet Sharia). There is an action violet Sharia or law Allah not accepted, or self-harm or others cannot with the intention of worship Lillah (because of Allah).

b. Billah

Billah contains the meaning is all action of inner and outward, everywhere and anywhere feel and believe that who create and instruct all thing is Allah who creator, we prohibit to confess and feel has power without commanded by Allah. Billah can be said that the embodiment of utterance; La qaula wala quwwata Illa billah (there is no power just only commended by Allah). The basis of seeing, listening, feeling, kissing, moving, silent, and thought should be aware and feel that move all things and command is Allah. Awareness fell of Billah must penetrate in our heart, our thought, or just scientific definition.

c. Lirrasul

All the religious deed or action is not breaking up of sharia. Besides Lillah intention also to follow Rasulullah peace be upon his guidance.

With Lirrasul and Lillah intention, the essence of value sincere is clearer, not easy to disturb by the devil, not easy misused by the interest of lust. The implementation of Lirrasul is a way of Ta’alluq Bijanaabihi Nabi (relationship or inner consul with prophet) applied Lirrasul and Lillah with continuous will our heart blessed a situation like

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120 Yayasan Perjuangan Wahidiyah dan Pondok Pesantren Kedunglo, Kuliah Wahidiyah, (Kediri: Pondok Pesantren Kedunglo. T.Th), 89
121 Departemen Agama RI, al-Quran (Semarang: Asy-Syifa’, 1992), 51:56
122 Shoki Huda, Tasawuf Kultural: Fenomena Shalawat Wahidiyah(Yogyakarta:Lkis, 2008),150-160
following Rasulullah peace be upon him, or together with Rasulullah in everywhere when worship.  

d. Birrasul
Birrasul of part of essence like Billah, although in implementation, there are differences between Lillah and Lirrasul in the Syariat part. Birrasul is heart awareness of all things inside and movement in inner or outward because of Rasulullah's peace be upon him merit. The difference of the Billah concept with absolute characteristic is implemented Birrasul with limit characteristics. The limitation is just only something blessed by Allah and Rasulullah. When we are doing immoral like prohibit feel a Birrasul, we must Billah be feeling.

e. Lilghauts
The way or implementation of Lilghauts (helper) same with Lillah concept and Lirrasul is sincere intention because of Allah (Lillah) and intention to following Rasulullah (Lirrasul) guidance and Ghauts Hadzazzaman(Lilghauts). This heart practice cannot change with other provisions Shariat part, the good pleasure of Allah and Rasulullah. There are many things is prohibited by Islam like immoral with Lilghautsi’s intention. There is belive of Wahidiyah like a statement of the best human is back to Allah(Ashdaqun man Anaba). Nowadays is ghauts Hadza az-zaman, a people knew Allah and Allah’s law is an Arif Billah, a Mursyid who Kamil-Mukamil.

f. Bilghauts
The way of implementation Bilghauts concept is the same implementation Birrasul concept. Bilghauts is aware and feels that we always get guidance from Al-Ghauts. Certainly, the guidance of spiritual from Rasulullah raising to all followers, realized or not we get the guidance of al-ghauts, he guides us back to Allah who always radiates automatically, like a moral person following moral of Rasulullah. There is awareness that we guided by al-ghauts as the consummation of teaching to Allah means the utterances thanks to Allah. Lillah-Billah, Lirrasul-Birrasul, and Lilghauts-Bilghauts concept are implemented together in our hearts.

g. Yukti Kulla Dzi Haqqin Haqqah

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123 Yayasan perjuangan Wahidiyah, *Kullah*, 112
124 Huda, *Tasawuf*, 168-172
The utterance of Yukti Kulla Dzi Haqqin Haqqah contains meaning all obligation must fulfill and more prioritize obligation then due. The obligation to Allah and Rasulullah and the obligation related to society and all organisms. The human life of the world will face related obligation and due certainly. The A obligation to B is due B on A and in opposite the obligation B to A is due to A on B. Between due and the obligation must priority to fulfill each obligation. Due can need as demands because if we fulfill the obligation, due will come automatically.\textsuperscript{125}

The reading procedure of Shalawat Wahidiyah

a. Intention solely devoted themselves is worship to Allah with selfless sincerity, glorify, and love to the prophet of Muhammad peace be upon him, in other that we are in front of him truly. Istihdlar( feel in front of Allah truly) and the essence of Adab.

b. Practicing for 40 days, every day continuously a minimum of number written in Shalawat Wahidiyah sheets, can practice for 7 days or may practice own or better together with family or society. For a woman who has menstruation just read Shalawat and cannot read al-Fatihah. The sentence is “Fafirru Ila Allah dan Waqul Ja al-Haq” means as a Do’ a. For people who cannot read all reading, they can read half of reading like reading the sentence of Nida’: “Yaa Saiyyidi Yaa Rasulullah” repeats with many times more or less 30 minutes.\textsuperscript{127}

c. In Mujahadah Wahidiyah seldom found the experience of human crying, there are many people uncontrolled to cry. Weeping in Mujahadah is a weeping related to Allah and Rasulullah. The motivation of weeping divide into three is the first weeping subtle touch of soul than feel many

\textsuperscript{125} Ibid., 168-173
\textsuperscript{126} Ibid., 174
\textsuperscript{127} Yayasan Perjuangan Wahidiyah dan Pondok Pesantren Kedunglo, \textit{Selebaran Shalawat Wahidiyah}, (Kediri:Yayasan Perjuangan Wahidiyah, t th.), 1
sins. second, weeping of sin to Allah, Rasulullah, parent, child, family, teacher, and awareness of Fafirru Ila Allah exclamation, Jamal (beautifully) characteristic and Kamal (perfectly) of Allah. Maybe their heart is touch because of love, service, and sacrifice of Rasulullah peace be upon him to him a follower.\textsuperscript{128}

C. The activities of people practice

Shalawat Wahidiyah

a. Mujahadah Yaumiyah (daily), Yaumiyah is done by private or alone by people practice, usually on a day for half an hour, can doing in the morning, afternoon or night suitable with people practice free time.

b. Mujahadah Usbu’iyyah (weekly), Usbu’iyyah is done private or an area but separated into children, men and women groups cannot together. Mujahadah Usbu’iyyah is a number of some members with the same day as Monday night, but different implementation, for women and children after pray Isya’ and men implemented after women and children finish.

c. Mujahadah Syahriyah (monthly), Mujahadah is done by a district, the implementation is done in people practice house take turns every Selapan(40 days). The implementation with many people from Usbu’iyyah, with using the sound system and with the series of many agenda beginning at 8-11 pm. The series of agendas are (1) opening, with text protocol Mujahadah Syahriyah. (2) Reading together with Mujahadah lead by the chief of the district. (3) studying Wahidiyah lead by Kyai (teacher in Islamic boarding school). (4) closing with Doa.

d. Mujahadah Rubu’ussanah (three months), Mujahadah is done by 3 months and done by people practice of Shalawat Wahidiyah regency, take a place in people practice house like great recitation. The series of implementation Mujahadah Syahriyah bring in figure Wahidiyah from Kedunglo.

e. Mujahadah Kubra (great), Mujahadah Kubra is done a year two times on Rajab and Muharram at Kedunglo Kediri. Mujahadah Kubra the people from various directions attend this event at

\textsuperscript{128} Huda, \textit{Tasawuf}, 203-204
Kedunglo because Kedunglo is a place for creating or born Shalawat Wahidiyah, in Mujahadah Kubra not only Mujahadah event but also the birthday of Shalawat Wahidiyah in Muharram. The agenda of the ceremony are:

1. On Thursday night Mujahadah is done by sponsor or committee and figures of Wahidiyah
2. On Friday night Mujahadah is done by mothers of Wahidiyah
3. On Saturday night Mujahadah is done by young
4. And Sunday morning is done by children

From the series of agenda of Mujahadah Kubra, the lead of Mujahadah is Muallif who cannot represent.¹²⁹

D. Mujahadah Dalam Wahidiyah

The basics of Wahidiyah activities are private or Mujahadah Kubra (great). The meaning of Mujahadah on Wahidiyah is the sooth fight against lust directed to Fafirru Ila Allah wa Rasullih awareness, with practice Shalawat Wahidiyah according to Adab, manner, and demands by Muallif, KH. Abdoel Ma’roef, as a tribute to Allah from private and family, life or pass away, and for the nation, their leader, all of the nature as Allah organism. Adab on implementation Mujahadah is guided by Muallif Shalawat Wahidiyah, the guidance is:

1. For the heart with Lillah-Billah, Lirrasul-Birrasul, dan Lilghauts-Bilghauts
2. Hudlur, remembering of Allah through the heart
3. Istihdlar, if always feel right in front of Allah
4. Ta’dhim (tribute) and Mahabbah (love) Rasulullah peace be upon him
5. Tadzallul, feel inferiority in front of Allah
6. Tadzallum, feel dhalim and always feel sin in front of Allah and Rasulullah and Ghautssu hadzaz zaman ra.
7. Iftiqar, feel very need help from Allah and Rasulullah
8. Tawadlu, inferiority and feel need help from Allah and need Syafaat from Rasulullah.
9. Feeling right following Muallif to Shalawat Wahidiyah, style, song and the way of implementation

¹²⁹ Muhammad Karen, Wawancara, Nganjuk 15 April 2013
Mujahadah must suitable with prevision
10. Believe that Mujahdah accept and approval by Allah and prophet Muhammad peace be upon him
11. Inner Adab suitable with outward is teach in situation great and small Hadas

E. Reading Nida’ four corners with standing
In the implementation of Mujahadah Shalawat Wahidiyah, there is a reading of Nida’ four corners withstanding, means Nida’ four corners withstanding is invite inner to all member or Jami’al ‘Alamin includes themselves, family in other that quickly noticed to devote yourself to Allah. The ways of implementation are:
1. Inner attitude is applied strong soul, begged to Allah in other that Nida’ this call is delivered by people practice heart or Jami’al ‘Alamin include themselves, family to give a deep impression.
2. Outward attitude is suitable with inner, two hands straight next to the thigh, straight view (not looked down and turned), leg removal takes precedence and change direction after

reading “Waqljaal Haqq qu perfectly
3. Reading every direction is al-Fatihah (1time), Faﬁrру Ila Allah (3times), Waqljaal Haqqu, etc. (1time). For the first facing west, north, east, south, and the last with utterance Bertasyau’an and Istigh outsa h
4. Nida’ Faﬁrру Ila Allah withstanding four corners is teaching by Ibrahim as which done after get up from Ka’bah. He called out to humans to explain hajj worship. In explaining he facing north, east, east and the last west with standing in mountain Abu Qubes.130 In al-Quran command following Ibrahim as. In surah Ali-Imran:95

\[Eq: \text{95. Say, ” Allah has told the truth. So follow the religion of Abraham, inclining toward truth; and he was not of the polytheists.”}^{131}\]

\[\text{130 Departemen Pembina Kanak-kanak Wahidiyah, Pedoman Pembina, 88-89}\]
\[\text{131 Al-Quran, 3:95}\]
F. Dana Box

Dana Box is teaching of Wahidiyah direct from Muallif, to implementation by people practice of routine every day according their ability, awareness and each sincerity. There is a raising dana box based on Allah said on Surah at-Taubah/9:41:

أَنْفِرُواْ جِهَاتًا وَتَفَاءَلاَّ وَجِنَّهُمَا وَأَمْوَلَْهُمَا وَأَنْفُسَهُمَا

في سبيل الله داعتمم خًربُكم إن كُنتم تعلمون

41. Go forth, whether light or heavy, and strive with your wealth and your lives in the cause of Allah. That is better for you, if you only knew. 132

On hadith of the prophet of Muhammad, peace be upon him from Sayyidina Hasan means: fortify your treasure with zakat, cure the sick with Shodaqoh and facing flare-up with Doa and feeling low in front of Allah. (H.R Abu Dawud). The process of implementation Dana Box is done by each person’s practice of Wahidiyah in their house without disturb work (need) household, sign every person practice house installed small box as money sever. 133

G. The warrior of Shalawat Wahidiyah broadcasting

Shalawat Wahidiyah broadcasting can broadcast to a large society without discrimination from all levels, all religion, and all nation. For all society is invited practice Shalawat Wahidiyah and the teaching of Wahidiyah. The basic of broadcasting without discrimination or “tidak pandang bulu” is following Rasulullah track includes all human according to Allah Surah Saba:28

وَمَا أُرْسِلْنَا إِلَّا كَافِئًا لِّلنَّاسِ بِنَبِيًّا وَنَذِيرًا وَرَحِيمٌ

أَصْحَبُ آلتَابِسَ لا يَعْلَمُونَ

28. And We have not sent you except comprehensively to mankind as a bringer of good tidings and a warner. But most of the people do not know. 134

Every human in all nations and all levels want their heart clean, inner peace and tranquility the soul to build a life in other than happiness inner and outward in the world and hereafter. Fact, Shalawat Wahidiyah is proven to give a gift (Manaat) for people to practice especially heart clean, inner peace and tranquility soul which need by a

132 Ibid, 9:41
133 Rozik, Wawancara, Nganjuk 20 April 2013
134 Al-Quran, 34-8
human. Besides, give a gift kind and advantage. Kind of the problem, difficulty and confusing like an economy problem, household problem, health, work, education, etc. there are many ways after practice Shalawat Wahidiyah. Shalawat Wahidiyah and the teaching of Wahidiyah must broadcast to all large societies without discrimination for human life and every person's need. Especially for people practice of has a responsibility to broadcast to all people or society. Because Shalawat Wahidiyah not asking for compensation just to replace the Shalawat Wahidiyah sheet. The broadcasting must implementation by inner and outward, for outward give peace and an explanation suitable with their condition and situation because raising misunderstanding, and for inner with ask to Allah, may open heart to give Hidayah Taufiq.135

**Conclusion**

Shalawat Wahidiyah is a practical guideline outward and inner includes all life aspects of the human relationship to Allah and Rasulullah and the relationship between human and social as a social human being. In Shalawat Wahidiyah there are a series of Doa Shalawat to our prophet Muhammad peace be upon him written on Shalawat Wahidiyah sheets, including the way and Adab of practice. Five teachings of Wahidiyah must implementation on daily life are lillah-billah, lirrasul-birrasul, lilghauts-bilghauts, yukti kulladzi haqqin haqqah, and taqdim al-ahamm fa al-ahamm tsumma al-\(\text{anf}a\)” \(\text{fa al-anfa}\)”.

The meaning of teaching Wahidiyah is practical guidance outward and inner to implementation Rasulullah guidance includes sharia and essence to increase faith, implementation of Islam and the present of Ihsan, and create moral (Akhlak). The activities of people practice of Shalawat Wahidiyah are Mujahadah Yaumiyah (daily), Yaumiyah is done private or alone by people practice, Mujahadah \(\text{Usbu'iyah}\) (weekly), \(\text{Usbu'iyah}\) is not done by private but done in an area usually separated between children, men, and women. Mujahadah Syahriyah (weekly), Mujahadah is done by a district, the implementation in people practice house and take a turn every Selapan (40 days). Mujahadah Kubra (great), Mujahadah Kubra is done two times a year in Rajab and Muharram at Kedunglo Kediri.

Mujahadah on Wahidiyah fight again lusts truly direct awareness Fafirru Ila Allah wa Rasullih, with practice Shalawat Wahidiyah or part of themselves Adab, the manner demands give by Muallif. In implementation Mujahadah Shalawat

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135 Yayasan Perjuangan Wahidiyah, *Kuliah*, 204-205
Wahidiyah there is Nida’ four corners with standing, which means Nida’ four corners with standing invite inner to all member Jami’al ‘Alamin includes themselves, family in other that awareness to Allah.

Dana Box is teaching of Wahidiyah direct Muallif, in other implementation by people practice Wahidiyah routine every day according to ability, awareness, and each sincerity. The broadcasting Shalawat Wahidiyah can broadcast to all large society without discrimination, from all levels, religious and nation, the main of social level invite implementation shalawat Wahidiyah and teaching Wahidiyah, the basic of broadcasting without discrimination or “tidak pandang bulu” following Rasulullah tract.

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